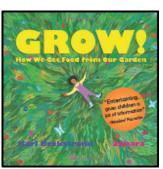


# GROW! HOW WE GET FOOD FROM OUR GARDEN

### by Karl Beckstrand

A child and grandfather till, plant, water, and harvest produce in a colorful picture book garden. This tongue twister for children ages 4 – 7 (preschool – 2nd grade) includes online tips for starting your own garden.



#### **Fun Facts:**

- January is national soup month. In this story you will find many vegetables and herbs that you can talk about and then put in vegetable soup. (Recipe can be found under activities.)
- Georgia ranks 3rd in the nation in the production of sweet corn (fresh market) and 4th in the nation in production of bell peppers (fresh market)
- Campbell's is America's largest soup maker.
- •Americans use more than 440 million cans of Campbell's Soup each year. Combined, Americans consume approximately 2.5 billion bowls of Campbell's three most popular soups—Tomato Soup, Cream of Mushroom, and Chicken Noodle—each year.

## Videos: (Click the link to see the video.)

- Farm Monitor: Large Georgia Family-Owned Vegetable Operation Proud Of Humble Roots
- Farm Monitor: One Georgia Producer Taking Carrots Very Seriously
- Farm Monitor: Canadian Based Company Builds State of The Art Greenhouse in Fort Valley
- How Campbell's Tomato Soup is Made | Food Network

## Activities: (Click the link to see the activity.)

- Make vegetable soup in a slow cooker- recipe here
- · Recipe writing template
- Opinion writing graphic organizer-Did you like the vegetable soup? Or what was your favorite vegetable that you tried?
- · Have students plan what they would like in a vegetable garden with this free printable
- Learn how to plant a vegetable soup garden
- Vegetable taste test graph
- Lesson and Activity: Desktop Greenhouse
- Vegetable Soup Craft-have students cut out the vegetables on the paper and glue them inside the pot. You could also use the pot on the paper and then give each students a grocery store flyer and have them cut pictures of vegetables out that they want in their vegetable soup.