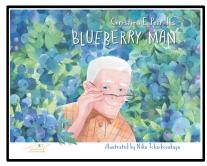


BLUEBERRY MANby Christina Petrides

Who was the Blueberry Man? This is a true story, a picture book based on Christina's childhood memories in Georgia, USA. Christina remembers her grandfather, an American Navy veteran who had fought in the Second World War. After the war, he worked as a farmer, and grew many delicious blueberries, which he generously shared with friends and neighbors.



Fun Facts:

- Blueberries are a good source of vitamin C, iron and fiber. They're cholesterol-free, sodium-free and an important source of potassium. They contain only 80 calories per cup.
- The harvest season for fresh blueberries in Georgia is late-May through mid-July.
- In Georgia, blueberries are grown commercially primarily in the southern part of the state, especially around Alma. Some blueberries are, however, successfully grown in the north Georgia mountains.
- North America produces 95 percent of the world's commercial blueberry crop.
- The blueberry is one of the only foods that is truly naturally blue in color.
- A single blueberry bush can produce as many as 6,000 blueberries per year.
- The blueberry (genus Vaccinum) is one of the only commercially available fruits that is native to North America.

Videos:

- Farm Monitor: Former Atlanta Braves Player Turned Blueberry Farmer
- Farm Monitor: <u>Blueberry Crops Impacted by Late Season Freeze</u>
- Farm Monitor: Walter Reeves Planting and Growing Blueberry Bushes
- BLUEBERRY | How Does it Grow?

Activities:

- Plant blueberries in a garden
- Blueberry Paint
- Blueberry Color Page and Bookmark
- No Bake Blueberry Balls
- Visit a Blueberry Farm
- Fingerprint Blueberries Kid's Craft