

EASY GUACAMOLE

SUPPLIES & INGREDIENTS

- 5 large ripe avocados
- 3 cloves garlic minced
- 1 lemon
- ½ tsp salt

DIRECTIONS

1. Use a small paring knife to halve and pit the avocados and, using a spoon, scoop the flesh of the avocados into a medium-sized mixing bowl.
2. Halve the lemon and then squeeze the juice from it into the mixing bowl. Next add the minced garlic, and salt to the bowl.
3. Using a fork, mash the avocado to your desired consistency while mixing all the ingredients together.
4. Serve and enjoy!

