

## PEANUT BUTTER & FRUIT ICE CREAM FOR DOGS

### SUPPLIES & INGREDIENTS

- 1 cup of plain yogurt
- 4 tbs. of peanut butter
- 1 whole banana, chopped
- 1/2 cup strawberries, blueberries and/or blackberries

### DIRECTIONS

1. Combine yogurt and peanut butter in a blender and mix until a smooth consistency.
2. Add in berries and banana.
3. If your mixture is too thick, add in a splash of water.
4. Once you finish blending, pour ice cream mixture into a lined muffin tin or ice cube tray.
5. Freeze for at least 3 hours.

