



ACTIVITIES

Health Benefits of Cauliflower and all Cruciferous Vegetables Lesson

MyPlate and Enjoy Your Broccoli Combo Lesson

Broccoli Lesson Packet (18 pages!)

USDA Broccoli Learning/ Teaching Resources

Growing Broccoli in a Jar worksheet

Do You Like Broccoli? Worksheet

Broccoli Taste Test

I Can Eat the Whole Plant

Lesson: Vegetables: Tops and Bottoms 3-5 Broccoli Basics Poster

Food Hero Broccoli Resources

Nutrition Lesson Prek-8

Home Garden: Broccoli

Home Garden: Cauliflower

USDA Cauliflower Learning/Teaching Resources

Food Hero Cauliflower Resources

Cauliflower Fact Poster

Yogurt Ranch Vegetable Dip

Broccoli and Cauliflower Salad

Broccoli/Cauliflower Color Page

Broccoli Bookmark

BOOKS

TOPS AND BOTTOMS

By Janet Stevens

THE VEGETABLES WE EAT

By Gail Gibbons

VIDEOS

**Farm Monitor: Broccoli Harvest
Underway in SW Ga.**

How Does it Grow? Cauliflower