

COWBOY CAVIER

INGREDIENTS

1 can diced tomatoes drained1 can black-eyed peas, rinsed and drained1 can black beans rinsed and drained

2 cans corn

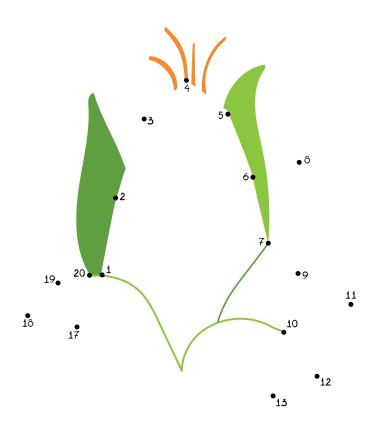
1/2 medium onion
1/2 cup diced green bell pepper
1/2 tsp. garlic salt

1 cup Italian dressing

3/4 cup chopped cilantro

DIRECTIONS

Mix beans, peas, tomatoes, corn, onion and bell peppers in a large bowl. Season with garlic salt. Add dressing and cilantro; toss to coat. Serve hot or refrigerate if desired.



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