

PEA HUMMUS

INGREDIENTS 16 oz. thawed frozen peas ½ tsp garlic 2 tablespoon of lemon juice 1/2 teaspoon kosher salt black pepper to taste 1 tablespoon of dried parsley 1/4 cup olive oil

DIRECTIONS

1. Add all ingredients except for olive oil to a food processor and turn on for about 30 seconds, until ingredients are finely chopped up, scraping down sides if necessary.

2. Drizzle olive oil in while running the food processor, until very smooth consistency forms, scraping down sides if necessary.

3. Transfer purée to a serving bowl. Serve with pita bread or crackers.

