

SPINACH DIP

INGREDIENTS

10 oz frozen spinach chopped, thawed, well drained

3/4 cup mayonnaise

1 ¼ cup sour cream

1 tsp. Worcestershire sauce

2 tsp. onion powder

1 tsp. garlic powder

1 tsp. salt

Crackers

DIRECTIONS

- **1.** Thaw the spinach and squeeze as much water out as you can. Wring it like a towel, not kidding.
- 2. Chop up the spinach until it's fine.
- **3.** In a small mixing bowl, mix the mayonnaise and sour cream.
- **4.** Add in the Worcestershire sauce, onion powder, garlic powder and salt.
- **5.** Stir in the spinach and mix until everything is combined.
- **6.** Serve with crackers.

