



WATERMELON

WHERE DID THEY COME FROM?

Watermelon originated in Africa.

WHEN IS WATERMELON PLANTED AND HARVESTED IN GEORGIA?

Watermelon is planted from March through May and harvested from June through September.

WHY IS WATERMELON GOOD FOR YOU?

Watermelon has excellent levels of Vitamins A and C and a good level of Vitamin B6. It is also 92% water and good for hydration.